

FROM THE AHA TEAM

Dear AHA Family

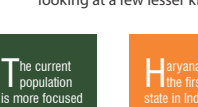
We hope the spring season brings warm sunshine into your lives as we take cautious steps towards a more normal way of living. Different states are relaxing restrictions as per their situation and let us hope we are soon able to move around while following the safety regulations, of course.

At AHA, our planned activities and initiatives have also been affected by the restrictions, but as an association we have kept the interaction going both within as well as with the larger community. Our IT savvy members have jumped aboard with their expertise, allowing us to continue our communication on digital platform. As soon as normal life resumes, we'll be launching the new programs which involve physical interaction for better results. These are challenging times, but we will come out better at the other end.

BLOOD DONATION DRIVE – THE WARMTH LASTS FOREVER

You are a HERO

Thank You



Following our Blood Donation Drive in August, our donor members and friends were thrilled to receive messages from Red Cross about how their blood & plasma donation has helped save lives.

We may have experienced a lot of highs in life but nothing comes close to knowing you helped a father get back with his family or an ailing toddler is now bouncing around due to the timely medical attention and support in which you played a part.

This was just the first drive of many to follow and let us grab each opportunity to be part of this noble cause.

8 Lesser Known Facts About Haryana

Do we really know all about our native state? Of course, there are some big facts that jump out, but there is more to Haryana than recent achievements in sports and our rich ancient culture and history. Here is looking at a few lesser known facts which should be known to all.

The current population is more focused on agriculture compared to education

Haryana is the first state in India to receive full rural electrification

The river banks of Saraswati, trace to the region where the Vedas were written

Haryana is one of the richest states in India, the state's GDP ranks 2nd in the country

Haryana is one of the richest states in India. Economically well developed, the state's GDP ranks 2nd in the country

The state is the largest exporter of famous Basmati rice

Harappa civilization started from Rakhigarhi and there are traces of it also found in Hisar district.

Sports legends yes, but we have also produced Sunil Dutt, Juhi Chawla, Om Puri, Parineeti Chopra, Sunil Grover and many other

Haryana Day 2020 Celebrations

AHA "HARYANA DAY" AWARD NOMINATIONS, 2020

On the eve on Haryana Day celebrations, AHA is hosting one of the biggest fiestas for the people of Haryana settled in Australia who have contributed to the Australian society in terms of Arts / Social Work /Public Affairs and other categories listed below. The Awards Night will be an occasion to honour those who have reached the highest echelons of society through their hard work and perseverance.

The event will present a range of cultural and celebratory performances to be watched by a significant number of attendees and media coverage both in Australia and overseas.

Please nominate a friend, colleague, client, employee, business, event, or employer who deserves to be awarded! Consider nominating individuals or organizations whose accomplishments are publicly acknowledged

Nominations are now open [Click here](#) to know more

Entries for Sandesh



Its again that time of the year when we start putting together our annual souvenir 'Sandesh'. You are cordially invited to contribute to Sandesh in the form of articles, short stories, anecdotes, poems, significant accomplishments / achievements of people in the areas of academics, sports, social service, community, etc. Pictures are always welcome.

Your article should ideally be within 1500 words in English or Hindi and can either be written by you or curated with due credits given to the original author. Please include your picture and a one-line brief about yourself to be published in the souvenir. The last date of submission is 14th October 2020.

The submissions should be sent on events@myaha.org.au with the subject line "Submission for Sandesh" followed by the title of the submission.

We look forward to your contributions!

Are you ready to be an AHA volunteer?

Voluntary community work is unique and special in so many ways, so are volunteers who give their precious time and energy to help the community. It can be said that volunteering is one of the most challenging, yet rewarding, adventures you will ever experience in your life. While we all want to offer and provide assistance when we can, there are some qualities that make some people better volunteers than others.

What are those qualities?

Let us have a look.



1 They are fearless

Fear doesn't need to be the physical kind. We can be held back by many types of fear, diminishing our potential to contribute to the community. Some of us fear the limelight, some wish to avoid responsibility. To be a volunteer you need to push yourself far from your comfort zone and adjust to new situations, problems and people.

2 They have patience

Volunteering doesn't come with any guarantee of instant satisfaction. Sometimes a lot of work needs to be done before we see any results. Not everything moves as quickly as you'd like and more often than not, things don't fall into place as easily as you'd expect. Patience, therefore, becomes a critical attribute of a volunteer. Just focus on the task at hand and be prepared for a long road ahead without worrying about the outcome.

3 They think outside the box

A good volunteer takes instructions and executes them, and it is a great way to be. But part of being a volunteer is also to find newer, better ways of getting the work done. As a volunteer, there will be many times where you are faced with complex situations, which require novel solutions to reach your goal. Good volunteers are always prepared to think creatively to connect with people and deal with situations.

4 They take initiative

Most non-profit organisations have too much work and too few people to handle it. This is why once they familiarise themselves with the work, good volunteers start taking initiative and become more proactive. This way, volunteering will help people develop a strong work ethic which can become extremely useful later.

5 They are team players

Volunteering is about working towards something bigger than yourself. Great volunteers distance themselves from smaller issues and focus on more important things. Volunteering always involves working with people, some of whom may think or behave differently. But working together is the only way to achieve the target. Good volunteers have the ability to rise above petty differences and focus on the big picture.

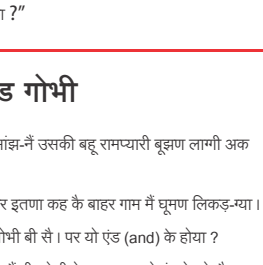
Do you want to become a **volunteer with AHA**? Please write to your local chapter and join the family!

JOKE OF MONTH

एक बहु आपणे पीहर चली गयी अर अपणे पांच साल के छोरे नै वो सास्सू धोरे छोड़ गी!

बहु नै गई नै 15 दिन हुए थे के उसकी सास्सू की चिट्ठी आ-गी | सास्सू नै लिख राख्या था, "बहु तावळी आ-ज्या, छोरे का जी कोन्या लाग रह्या"।

बहु नै उल्टी चिट्ठी लिखी, "माँ, तन्नै नू कोन्या लिख्या अक मेरे छोरे का जी कोन्या लाग रह्या अक तेरे का ?"



आलू एंड गोभी

सुरजा फ्रौज मैं था, साल भर पाच्छे छुट्टी आया। सांझ-नैं उसकी बहू रामप्यारी बूझण लागी अक आज कुण-सा साग बणाऊँ ?

सुरजा बोल्या - आलू एंड (and) गोभी रांघ ले ! अर इतणा कह कै बाहर गाम मैं घूमण लिक्ड़-ग्या।

रामप्यारी सोच मैं पड़-ग्यी - के घरं आलू बी सैं , गोभी बी सैं। पर यो एंड (and) के होया ?

रामप्यारी अपणी पड़ोसण धोरै बूझण गई। पड़ोसण नैं बी कोणी बेरा था अक यो एंड के हो सैं। उसनै सोची अक ना बताई तो रामप्यारी आगै बेजती हो ज्यागी !

पड़ोसण बोल्या - एंड तो गोबर हो सैं।

बस, फेर के था ! रामप्यारी नैं घरं आ-कै गोबर का छयौंके ला-कै साग बणा दिया।

रोटी खाते टेम सुरजा बोल्या - आज तो सब्जी चरचरी बण रही सैं !

रामप्यारी बोल्या - एंड किमें घणा पड़-ग्या होगा !!!

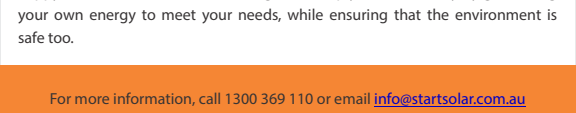
BUSINESS OF THE MONTH

START SOLAR



Start Solar is a solar power system design and installation company that specializes in a plethora of solar powered energy solutions. Our mission is to ensure that solar energy becomes an affordable source even for the masses by tightly managing our own costs so that the savings pass on to you – our valued customers.

Start Solar is 100% Australian owned and has years of experience in developing solar solutions, project management, innovation, finance options and helping the development of the local industries. We have the capability to manage any kind of system and installation and lead all our projects to fruition through the highest standards of performance and service quality.



Our USP is our ability to create customized solutions to meet and exceed the needs of the customer – both in terms of budget and future requirements. Our recommendations are robust since they are based on years of experience and an in-depth understanding of this market and the best products available. Our experts will guide you through every step such that you make a decision to buy, only if the system will serve your needs and would be within your budget.

Our company has installed several systems of all kinds and sizes throughout the cross-section of the country and have helped homeowners, industries, other commercial establishments and schools. We are proud to say that we have a happy customer base and would be glad to help you save money by generating your own energy to meet your needs, while ensuring that the environment is safe too.